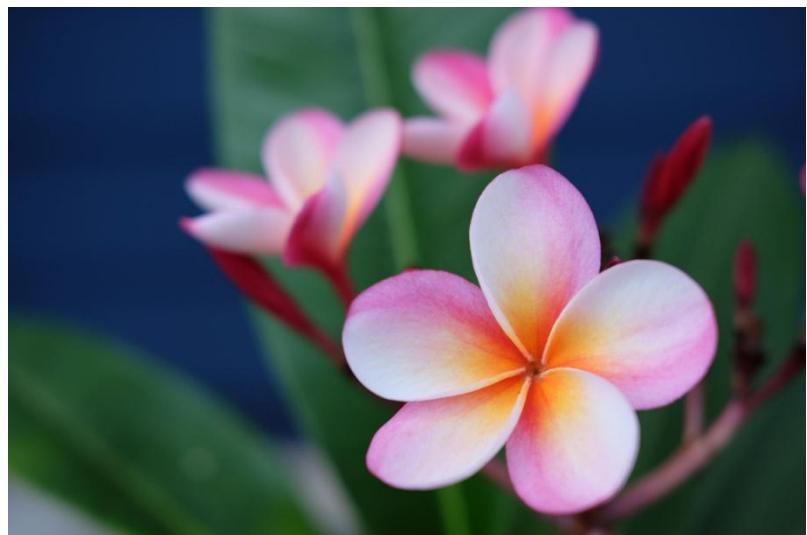




PRICE LIST

February 2026



MANICURES



Standard Manicure 45 mins £28.00

Involves filing of the nails, a nail soak, cuticle work, hand massage and polish of your choice applied to finish.

Luxury Manicure 60 mins £35.00

A hand scrub is applied, and hands are soaked in warm water. Nails are filed and cuticle work carried out. The hands and arms are massaged with soothing techniques. Then a polish of your choice is applied to finish.

Add Heated Hand Mitts 15 mins £5.00

Add these warming, heated mitts to any of the above manicures. Great for dry hands & stiff, arthritic joints.

PEDICURES



Mini Pedicure 45 mins £28.00

Involves a cut & file of nails, cuticle work and a foot massage before a polish of your choice is applied.

Standard Pedicure 60 mins £40.00

Feet are soaked and a foot scrub applied. Cuticle work, cut & file of nails and hard skin is filed before receiving a foot massage and then a polish of your choice applied.

Luxury Pedicure 75 mins £46.00

Feet are soaked and a foot & leg scrub applied. Cuticles are tided, nails cut & filed. Hard skin is filed before a foot & leg massage and then a polish applied to finish.

Add Heated Booties 15 mins £5.00

Add these warming, heated boots to any of the above pedicures. Great for dry skin and hard, cracked heels.

File and Polish (hands or feet) 30 mins £20.00

Cut and File (hands or feet) 15 mins £10.00

GEL POLISH

add £3.00 for French polish

Gel Manicure 45 mins £32.00

Involves filing of the nails, a nail soak, cuticle work, gel polish of your choice applied and hand cream to finish. Make it a luxury manicure for an extra £5.00.

Gel Pedicure 60 min £42.00

Feet are soaked and a foot scrub applied. Cuticles are tidied and nails cut and filed. Hard skin is filed before receiving a foot massage and a gel polish applied. Make it a luxury pedicure for an extra £5.00.

Express Gels 30 mins £22.00

Involves filing of the nails and a quick cuticle tidy before an application of gel polish on the hands or feet.

Soak-off Gels from 15 min from £5.00

Using foil remover wraps with a generous application of nail oil. We recommend a break after 3 gel treatments.

♥ Please note: All manicure and pedicure treatments include a £5.00 redeemable voucher to use against Tropic products when you spend £40.00 or more.

LASHES & BROWS

*A patch test is required **48 hours** before tinting & lifting.*

Eyelash Tint 30 mins £16.00

Lasts 6-8 weeks. Using a black, blue-black or brown tint.

Eyebrow Tint 15 mins £10.00

Last 3-4 weeks, using a lighter brown or darker brown.

Lash & Brow Tint 30 mins £22.00

Lash Lift & Tint 60 mins £42.00

This lifts and darkens the natural lashes with amazing results. Includes a lash tint. Lasts around 8-12 weeks.



WAXING



Lasts 4-6 weeks. Leave hair $\frac{1}{4}$ inch before waxing. Avoid hot baths, showers, saunas, steam rooms, sunbeds and sunbathing and moisturisers 24 hours before **and** after waxing. **Get 20% off a course of 3 waxes.**

| | | |
|----------------------------------|---------|--------|
| Half leg wax | 30 mins | £20.00 |
| Three quarter leg wax | 40 mins | £26.00 |
| Full leg wax | 50 mins | £34.00 |
| Full leg & bikini wax | 60 mins | £41.00 |
| Underarm wax | 15 mins | £14.00 |
| Bikini line wax | 15 mins | £15.00 |
| High bikini wax | 30 mins | £20.00 |
| Eyebrow wax | 15 mins | £12.00 |
| Lip or chin wax | 15 mins | £11.00 |
| Lip & chin wax | 30 mins | £18.00 |
| Forearm wax | 25 mins | £15.00 |
| Brazilian wax | 45 mins | £35.00 |
| Hollywood wax | 60 mins | £40.00 |

WAX & TINT PACKAGES

| | | |
|-------------------------|---------|--------|
| Eyebrow, lip & chin wax | 30 mins | £24.00 |
| Eyelash tint & brow wax | 30 mins | £22.00 |
| Eyebrow wax & brow tint | 30 mins | £18.00 |
| Lash & brow tint & wax | 45 mins | £26.00 |

ELECTROLYSIS HAIR REMOVAL

Using single, sterile needles to cauterise hair at the base of the follicle. **Buy 5 get one session Free on a course.**

| | | |
|---------------------------|---------|--------|
| Consultation + patch test | 30 mins | £15.00 |
| 10 minutes | Session | £18.00 |
| 20 minutes | Session | £22.00 |
| 30 minutes | Session | £30.00 |

MONU FACIALS

Monu have over 40 years' experience in blending pure, natural ingredients combining essential oils, plant extracts and minerals. **Locally made in Cheltenham.**



Monu Express 30 mins £40.00

A facial designed to leave you radiant. Combining tailor-made cleansing, toning, exfoliation and a warm compress to relax you. Followed by a choice of cream mask with a scalp, hand or foot massage to finish.

Monu Aromatic 60 mins £50.00

This luxury treatment provides cleansing, exfoliation and mask therapy with a warm, aromatic compress. A soothing massage to the face, neck and shoulders leaves you calm and relaxed. A mask is then applied to with a choice of scalp, hand or foot massage to finish.

Add Botanical Mask 15 mins £5.00

Add a 100% biodegradable sheet mask to your facial to intensify the results of your facial treatment.

NEW! Coconut Conditioning Ritual 60 mins £50.00



20% off your first treatment!
Use code:
COCONUT20

A deeply nourishing body treatment. Optional body brushing followed by warm coconut oil drizzled on the body. While you are cocooned in warmth from the blanket, receive a facial cleanse with an indulgent balm and warm compress. Your shoulders and scalp are massaged before receiving a relaxing back massage.

JANE IREDALE MAKE-UP



Colour Match 15 mins £10.00

Try out the pure- pressed mineral foundations and get an expert to match your foundation colour.

Make-up Application 30 mins £30.00

Perfect as an everyday make-up or for a bridesmaid or mum, mum-in-law to be of the bride on the day.

Bridal Make-up 60 mins £55.00

A call-out fee applies on the day. Bridesmaids and other bridal party members can be catered for. A call-out fee applies. Please ask for more details on prices for this.

Trial Make-up 75 mins £50.00

A trial must be carried out first before the make-up is carried out on the day. This ensures you are happy with your look before your make-up on the day. A call-out fee applies. Please ask for more details on prices.



BODY MASSAGE TREATMENTS



Relaxing massage treatments for ladies to ease stresses and strains. Buy 5 get one Free on a membership course.

Back Massage 30 mins £35.00

Helps to release tension in the areas we tend to hold it the most. Also helps and eases lumber tension.

Back, Face & Scalp 45 mins £40.00

Great for head and neck tension particularly those who use a computer a lot. Leaves you feeling de-stressed.

Back & Legs Massage 45 mins £38.00

Leg tension and back tension can often go hand in hand. Great for tight muscles in the back of legs and backache.

Full Body Massage 60 mins £50.00

Leaves you in a state of calm and peace. Areas of tension can be focused on to suit your individual needs.



MEMBERSHIPS

Treat yourself to a course of treatments with some amazing discounts when you buy upfront.

MASSAGES – Courses of 6 treatments



GET ONE COMPLETELY FREE!

| | |
|---------------------|---------|
| Back Massage | £175.00 |
| Back & Legs Massage | £190.00 |
| Back, Face & Scalp | £200.00 |
| Full Body Massage | £250.00 |

ELECTROLYSIS – Course of 6 treatments



GET ONE COMPLETELY FREE!

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|--------------------|---------|
| 10-minute Sessions | £75.00 |
| 20-minute Sessions | £100.00 |
| 30-minute Sessions | £125.00 |

WAXING – Course of 3 treatments

20% OFF ANY 3 WAX TREATMENTS!

Must be 3 of the same waxing treatment.

Not applicable on existing wax packages.

LOYALTY CARD

When you fill 8 stamps on our loyalty card you get a FREE treatment of your choice! Well worth having a regular treatment to get a free one.



Any treatment or a product (to order) counts to receive a stamp including treatments purchased from our Membership programme!

SEASONAL PACKAGES

We regularly offer seasonal package treats at various times of the year beginning with January Blues, Valentines, Mother's Day, Easter, Spring, Summer, Autumn and Christmas Packages.

Please ask to find out more about our packages and we regularly post them on Facebook each month as well as on an email if you subscribe.

